
JANUARY



NEWSLETTER



A WORD FROM ROBYN

Hello Citizens,

All of us here at Citizens for Safe Schools are wishing you a Happy New Year! 2022 was a great year, we expanded our program offerings, hired new amazing staff, and served over 150 youth with mentoring services in 2022, the most ever!!! We couldn't have done any of this without you, your enthusiasm, and your acts of service. We are so looking forward to more community building, positive relationship building, and sharing even more fun activities for mentors and mentees in 2023! Thank you for being a part of our journey, and thank you all for everything you do to support our youth and your community. We hope to see you all at the Mentor Appreciation Celebration January 31st and our first in person Annual Banquet since COVID on February 11th.

With gratitude,

Robyn Pfeifer
Executive Director
Citizens for Safe Schools



JANUARY

NEWSROOM

YOU'RE INVITED!

PLEASE JOIN US FOR
THE 2023 MENTOR
APPRECIATION &
CELEBRATION EVENT!
PLEASE RSVP:
[HERE](#)

Join us for a celebration and thanks to your continued dedication to your Mentees over the last year-- through the good, the bad, and the COVID. We'll be presenting our 'Ed Caleb Mentor of the Year' award, and more! Please RSVP

Where: Sidelines Pizza
When: January 31st @
6pm

NATIONAL MENTORING MONTH!

This National Mentoring Month, we reflect on how the mentoring movement continues to uplift our small community, recognize and celebrate each of our matches, and thank all of YOU for creating a world where youth feel empowered, encouraged, and understood.

Your time and effort on behalf of Citizens is invaluable in demonstrating the power of relationships to help young people find and follow their passion, strive to accomplish more, and there where ever they are.

THANK YOU!





SPOTLIGHT



JANUARY BIRTHDAYS:

Mentor Amanda
Mentor Deb
Mentor Emily

Mentee Olive
Mentee Viktor
Mentee Jayce
Mentee Houston

MATCH CELEBRATIONS:

Deb & Alysha
4 Years!

Cheyenne & Emily
3 Years!

Emily & Nevaeh
3 Years!

DAYMAKER MADE OUR DAY!

Thanks to the generosity of Daymaker- each of the kids in our programs received special gifts for Christmas this year!



JANUARY



EDUCATION



DR. MAPP FAMILY ENGAGEMENT WORKSHOP

In this four-part workshop, participants will discover the characteristics that school staff and families need in order to form partnerships that support students' educational and developmental growth: capabilities, connections, cognition and confidence.

Participants need to attend all four sessions.

When: Tuesdays,
4:00pm - 5:15pm
Where: Zoom

BE VULNERABLE WITH YOUR TEEN

"Ignore your mobile device, close the computer, switch off the television, and find your vulnerability line. Those first three steps show you're present and listening. The last step shows that you're a human, not a robot, who also sometimes makes mistakes. Show that humanity, but stick to the right side of the line. What do we mean? If you talk about a situation where you took an unsafe or immoral risk, it could backfire in the future. So think through what you're sharing before you share it, and choose a safe vulnerable moment."

-MELISSA FORD / PARENTING IN 100 WORDS

MENTORS TAKE THIS

SURVEY

JANUARY

IN THE COMMUNITY

THINGS IN THE COMMUNITY YOU CAN DO WITH YOUR MENTEE!

CHECK OUT THE KLAMATH LIBRARY!

TWEEN HANGOUT
TIME
WEDNESDAYS IN JAN
@ 4:00PM

FOREIGN FILM NIGHT:
I'M YOUR MAN
TUESDAY, JAN. 10TH
@ 5:30PM

BEEKEEPING 101
WEDNESDAY, JAN.
11TH @ 6:00PM

KIDS WII PLAY
JAN. 6TH & 13TH
@ 3:30PM

MOCK PRINTZ
AWARDS
SATURDAY, JAN. 14TH
@ 4:30PM

Klamath County Public Health (KCPH) is hosting a PBS documentary series that addresses the root causes of socio-economic and racial inequities in health.

Each one-hour showing will be followed by a 30-minute discussion. The schedule includes:

- 2 to 3:30 p.m. Sunday, January 8, Klamath County Library main branch. In Sickness and In Wealth: How does the distribution of power, wealth and resources shape opportunities for health?
- 2 to 3:30 p.m. Sunday, January 15, Klamath County Library main branch. When the Bough Breaks: Can racism become embedded in the body and affect birth outcomes? Becoming American: Latino immigrants arrive healthy, so why don't they stay that way?
- 2 to 3:30 p.m. Sunday, January 22, Klamath County Library main branch. Bad Sugar: What are the connections between diabetes, oppression, and empowerment in two Native American communities? Place Matters: Why is your street address such a strong predictor of your health?
- 2 to 3:30 p.m. Sunday January 29, Klamath County Library main branch. Collateral Damage: How do Marshall Islanders pay for globalization and U.S. military policy with their health? Not Just a Paycheck: Why do layoffs take such a huge toll in Michigan but cause hardly a ripple in Sweden?



CONSIDER THIS...



JANUARY PRACTICE: DEAR FUTURE ME

Maggie McGonigle- Prevention Coordinator



Writing Prompts:

1. What is one thing you'd like to accomplish this year?
2. Describe how you feel right now and what you enjoy doing.
3. What are you most proud of in your life so far?
4. Describe something you are struggling with right now, and describe what overcoming looks like.
5. Write your future self encouragement and love!

The beginning of the new year inspires us to make resolutions to increase our physical activity, cut out certain foods, or build mindfulness practices into our daily routines. While some of us turn these resolutions into long-lasting practices, others, myself included, get a good start and then life happens and this new improved habit gets put on the back burner. And that's okay!

So, in addition to, or instead of setting a New Year Resolution, what if we did something a little different? What if we recognized where we are at now and share the hopes we have for ourselves for the next year?

To kick off your new year, we encourage you to write a letter to your future self. Think of all the ways you show up as a human and mentor, professional, student, sibling, child, parent, friend, partner, creative, leader, athlete, etc., and get to writing. When you are finished with your letter, place it in an envelope, seal it, and write "Open on 1/1/2024" on the envelope. Then read and reflect next year.

JANUARY



CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Girls Circle Ponderosa @ 3:15pm	3 Dr. Mapp Family Engagement Workshop Zoom @ 4:00pm Pride Circle CIC @ 5:00pm	4 Tween Hangout Main Library @ 4:00pm Boys Circle CIC @ 4:30pm	5	6 Kids Wii Hour Main Library @ 3:30pm	7
8 Unnatural Causes Series Showings Main Library @ 2:00pm	9 Girls Circle Ponderosa @ 3:15pm	10 The Natural History of Backyard Birds Talk Favell Museum @ 7:00pm Dr. Mapp Family Engagement Workshop Zoom @ 4:00pm Pride Circle CIC @ 5:00pm	11 Boys Circle CIC @ 4:30pm Beekeeping 101 Main Library @ 6:00pm	12	13 Kids Wii Hour Main Library @ 3:30pm Good Co Electro Swing Band Ross Ragland Theater @ 7:30pm	14 Mock Printz Awards - Main Library @ 4:30pm
15 Unnatural Causes Series Showings Main Library @ 2:00pm	16 Girls Circle Ponderosa @ 3:15pm Murder Mystery Rehearsals CIC @ 5:30pm	17 Dr. Mapp Family Engagement Workshop Zoom @ 4:00pm Pride Circle CIC @ 5:00pm	18 Boys Circle CIC @ 4:30pm Family Bingo Night VFW @ 4:00pm Murder Mystery Rehearsals CIC @ 5:30pm	19 Klamath Folk Alliance Showcase Series Mia & Pia's @ 6:00pm	20	21 PLAY Outdoors Event Fairgrounds Event Center @ 10:00am Murder Mystery Rehearsals CIC @ 5:30pm
22 Unnatural Causes Series Showings Main Library @ 2:00pm	23 Girls Circle Ponderosa @ 3:15pm Murder Mystery Rehearsals CIC @ 5:30pm	24 Dr. Mapp Family Engagement Workshop Zoom @ 4:00pm Pride Circle CIC @ 5:00pm	25 Boys Circle CIC @ 4:30pm Family Bingo Night VFW @ 4:00pm Murder Mystery Rehearsals CIC @ 5:30pm	26	27 Squirrel Girl Goes to College Ross Ragland Theater @ 6:00pm	28 101st Annual Awards Gala & Casino Night Mike's Fieldhouse at Steen Sports Park @ 5:30pm Murder Mystery Rehearsals CIC @ 5:30pm
NATIONAL MENTORING SUMMIT						
29 Unnatural Causes Series Showings Main Library @ 2:00pm	30 Girls Circle Ponderosa @ 3:15pm Murder Mystery Rehearsals CIC @ 5:30pm	31 Dr. Mapp Family Engagement Workshop Zoom @ 4:00pm Pride Circle CIC @ 5:00pm Mentor Celebration Sidelines Pizza @ 6:00pm				

EVENTS HIGHLIGHTED IN YELLOW ARE YOUTH CENTRIC ACTIVITIES

EVENTS HIGHLIGHTED IN PURPLE ARE FOR MENTORS