

*Citizens For Safe Schools*

**2022**

Year in Review



# PROGRAMS



Kids in the Middle

Youth Reengagement Program

PRIDE Circle

Youth Led Action (YLA)

Peer Mentoring Circles (Boys & Girls)

Youth Reengagement Middle School Circle

# KIDS IN THE MIDDLE

## The numbers:

- Youth served in 2022: 49
- New Matches in 2022: 5
- Graduates in 2022: 8
- Mentors serving in 2022: 49



## 2022 HIGHLIGHTS

- Supported by Juvenile Crime Prevention OJJDP, American Rescue Plan Act, Ford Family Foundation, Klamath Basin Behavioral Health, OAESD, and United Way
- Summer Activities Initiative: Camping, Smash & Splash Therapy, Lava Beds, Ella Redkey, Klamath County Fair, Ross Ragland Theater, Monster Trucks, Klamath Folk Festival, Pelican Cinemas, Linkville Theater, Monster Macs Escape Rooms, Epicenter Bowling & Arcade
- Coastal Camping Trip & Back to School BBQ!
- Recruitment at community events- Third Thursday, Red Road to Wellness, Tulelake Fair, KCC Volunteer Fair, Sentry Eagle
- Mentors Charles Curtis in receipt of 'Award of Excellence' from United Way
- Tina McAllister, Mentor of the Year!

## BARRIERS AND NEEDS!

Recruitment, marketing and outreach for new Mentors.

Community passes, BOGO, free & discounted activities for matches.

## COMING SOON IN 2023!

1st in-person Mentor Appreciation event since COVID! Join us January 31st at Sidelines Pizza, 6pm

Partnership with Solid Grounds Equine Therapy: 6 week program for Mentors & Mentees beginning in April 2023!!

# YOUTH REENGAGEMENT PROGRAM

## The numbers:

- Youth served in 2022: 60
- Youth graduates in 2022: 8
- Schools served in 2022: EagleRidge, Mazama, KLC, KUHS



## 2022 HIGHLIGHTS

- Support from the ODE Youth Development Division
- Celebrated our 1st year and learned SO much!
- Identified need for YRP services in middle schools
- Partnerships with Klamath Works and EagleRidge for skills workshops and family engagement nights
- Continued systems level work with truancy court, Klamath Promise and School Districts

## BARRIERS AND NEEDS!

Youth need far exceeds capacity. 2nd Full Time YRP Coach is necessary to support referral volume and be available to serve ALL secondary schools.

## COMING SOON IN 2023!

Incorporating Peer Mentoring Circles into YRP service format- piloting at EagleRidge beginning February 2023!



# PRIDE CIRCLE

## The numbers:

- Youth served in 2022: 44
- Mentors serving in 2022: 23
- Graduates in 2022: 11
- Sessions in 2022: 45
- Group Outings: 25



## 2022 HIGHLIGHTS

- Support from the Collins Foundation, OAESD, Cascade Health Alliance, and United Way
- Mentors Jeff, Linda, Courtney & Polly awarded the United Way Volunteer of the Year 'Award of Excellence' 2022
- Presented at the National Mentoring Summit- sharing PRIDE Circle format, curricula and successes
- Hosted LGBTQ+ Housing & Behavior Health Needs focus group with Portland State Research Dept.
- Klamath PRIDE- youth-led dance performance, affirmation & pronoun buttons, LGBTQIA+ Trivia, Tie-Dye T-shirt booth, gender affirming makeover booth, face painting
- Mentors participated in Rogue Action De-Escalation Team Training
- Sessions content: Affirming Your Gender, Privilege & Identity, Role Models & Values, Stress Management, Self-Acceptance, Queer Joy, Safe Messaging, Violence Prevention, Expressing & Understanding Feelings, Queer Icons

## BARRIERS AND NEEDS!

Transportation barriers impacting in-person attendance

Staff FTE funding gap post summer

## COMING SOON IN 2023!

BIG Recruitment! Transitioning youth from Boys & Girls Circles to PRIDE!

# YOUTH LED ACTION

## Areas of Focus:

- Suicide Prevention
- Vaping/ Tobacco Prevention
- Healthy Coping/Skill Building
- Youth Adult Partnerships/ Youth Development
- Other prevention campaigns: Underage drinking prevention, medication sharing prevention, etc.



## 2022 HIGHLIGHTS

- Supported by KBBH, Cascade Health Alliance, & KCPH
- YLA youth Lexi McGonigle winner of the 2022 United Way Volunteer of the Year Award!
- Talking With Your Teens/ Talking With Your Friends- Suicide Prevention flyer creation and distribution
- YLA participants attend Uplift Youth Summit, Klamath County Symposium, YM2K Suicide Prevention Symposium & tour of Klamath County Public Health
- Leading Prevention activities and messaging at community events: Snowflake Festival, Tulelake Fair, Red Road to Wellness, Third Thursday, Back to School BBQ & Klamath Falls BMX race nights
- Digital media campaign for SAMHSA National Prevention Week, 988 promotion
- KCC Education Board- Smokefree Campus Advocacy



## BARRIERS AND NEEDS!

Sustainable funding for Prevention efforts and programming in 2023

Youth recruitment & retention

## COMING SOON IN 2023!

Vaping Social Norms Survey  
Youth Summit- Partnering with Public Health on youth-led youth summit to happen in Spring 2023

# PEER MENTORING CIRCLES

## The numbers:

- Youth served in 2022: 24
- Schools served in 2022: Ponderosa, Ferguson, Pelican, Shasta, Great Basin, Oregon Connections Academy



## 2022 HIGHLIGHTS

- Support from the Oregon Community Foundation
- Both Amber and Linc completed the One Circle Foundation Certification to facilitate Peer mentoring Circles
- Facilitated two complete Boys Circle Cohorts, and established partnership with Ponderosa for first school-based Girls Circle
- Session themes: Mentor led bird house building activity, Taco and Game night, Finding Commonality, Play Safe Play Fair, collaborative and shared art projects, Diversity & Inclusion, Personal Values, Caring for Ourselves, & Caring for Others.

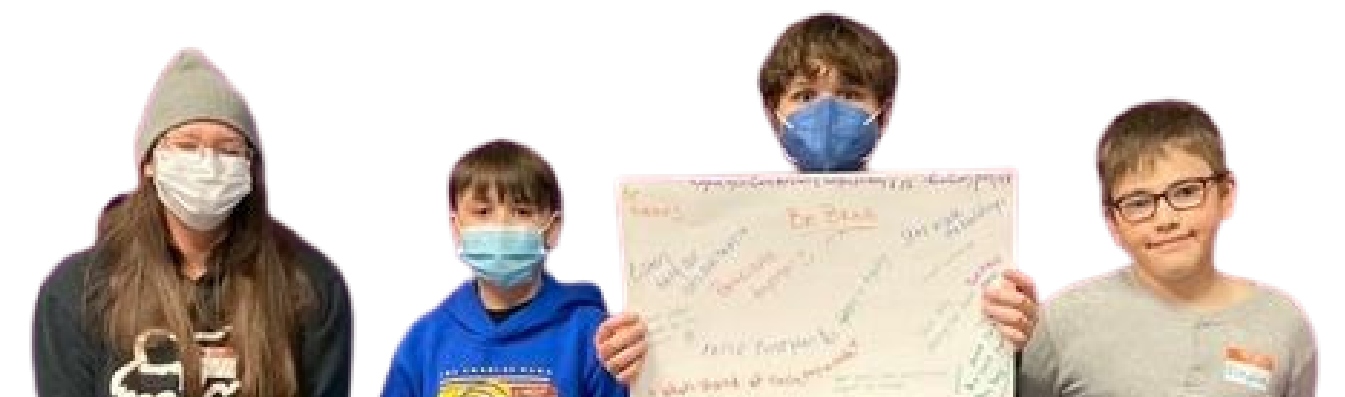
## BARRIERS AND NEEDS!

School-based dynamics in group challenging, easier to manage and redirect in CIC space.

Potential transportation barriers with future circles at CIC space..

## COMING SOON IN 2023!

Community Building Circles with perpetrators of bullying at Ponderosa beginning February 2023!



# YRP MIDDLE SCHOOL EXPANSION CIRCLE

## The numbers:

- Youth served in 2022: 8
- Schools served in 2022: Ponderosa (3 year program with established circle through entire middle school experience)



## 2022 HIGHLIGHTS

- Support from the Out of School Time Initiative, funding partnership between the Ford Family Foundation and the Oregon Community Foundation
- Established 3 year partnership for YRP Cohort to follow 6th through 8th grades to evaluate impact and efficacy of targeted YRP supports through middle school experience.
- Selected for 3 year learning collaborative community with Institute for Youth Success at Education Northwest to evaluate and improve YPQ (Youth Quality Programming) for certification as a Weikart YPQ Program.
- Participated in 1st round of internal and external evaluations!

## BARRIERS AND NEEDS!

Dynamics with school based circles unpredictable and difficult to manage- unable to meet all YPQ requirements without more control of environment.

## COMING SOON IN 2023!

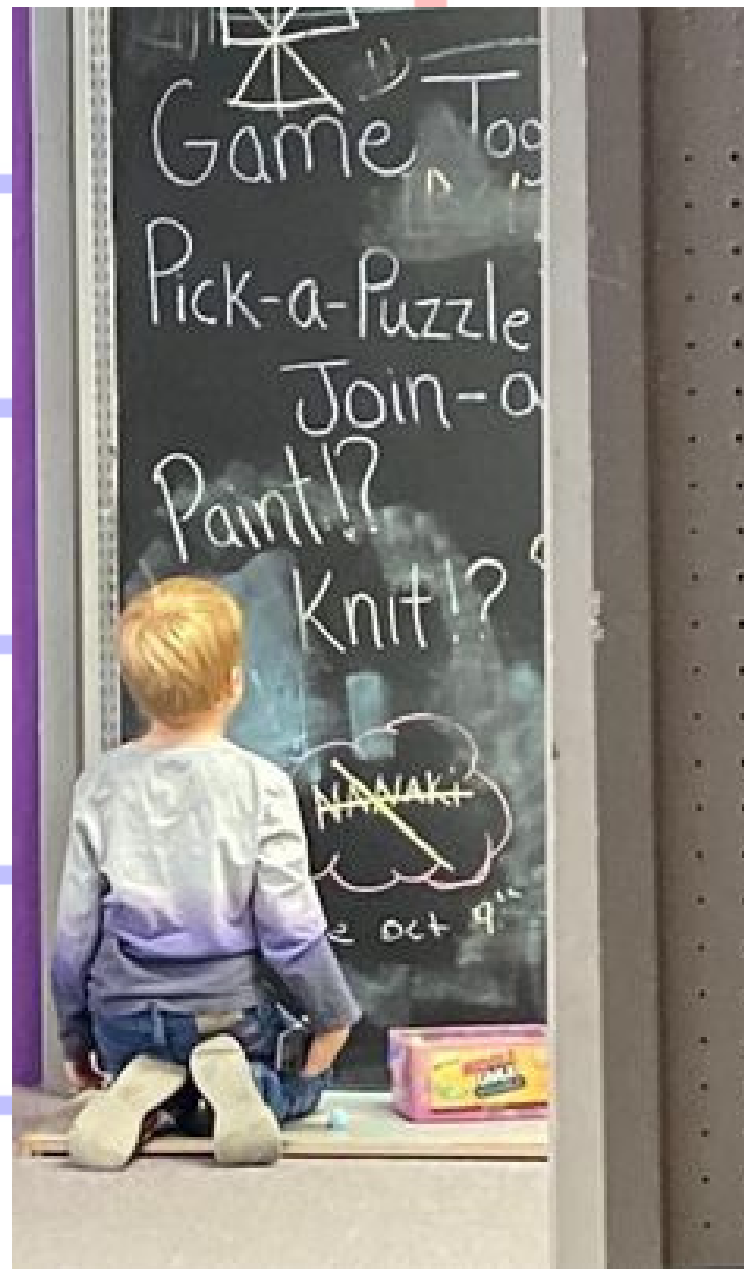
1st Learning Collaborative Kick-Off later this month! Will receive initial scores, evaluate strengths and weaknesses in programming, and revise program components for 2023.

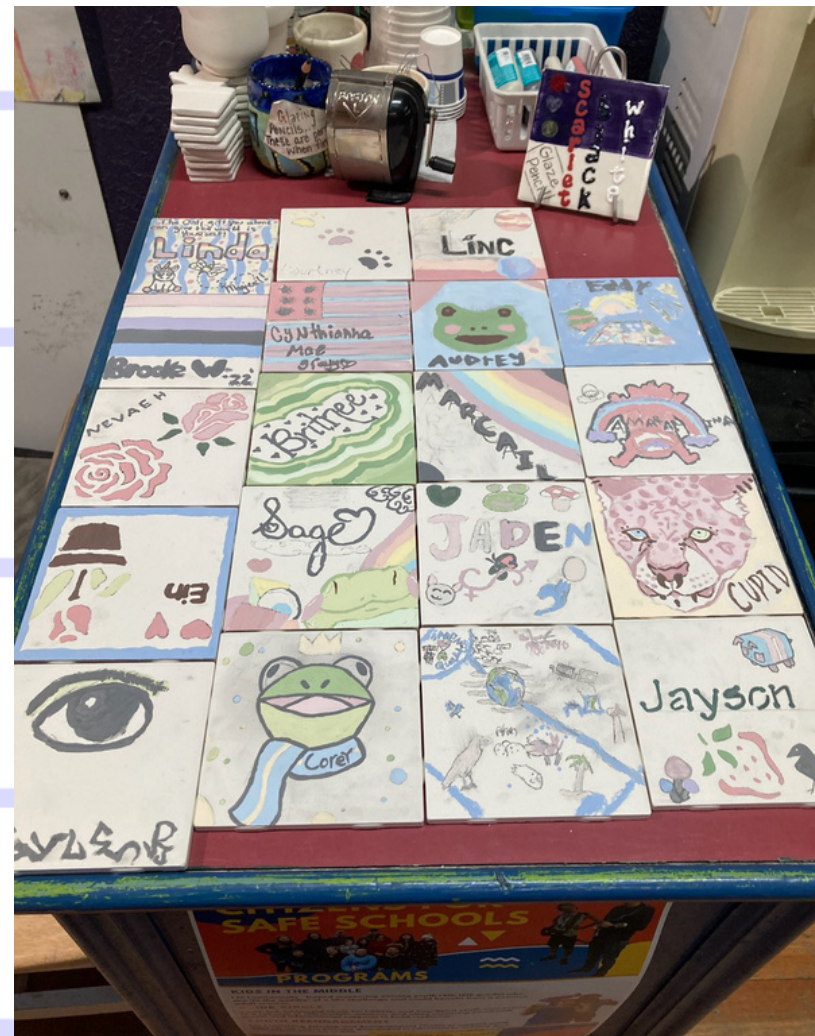




# The 'CIC'

Citizens celebrated our 1st year with the 'Citizens Institute for Character'! We've hosted trainings, community events, celebrations, workshops, Mentoring Circles, and most importantly- provided all our program participants with a safe, supportive and affirming space to share community, build bonds, and strengthen relationship to one another.





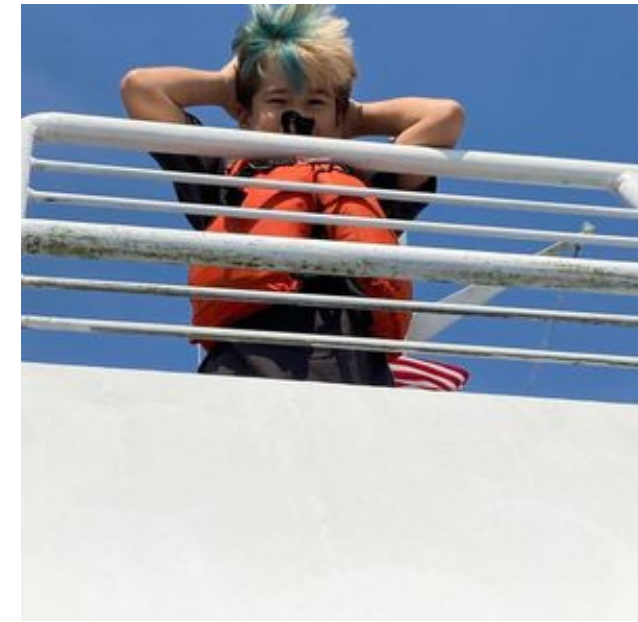
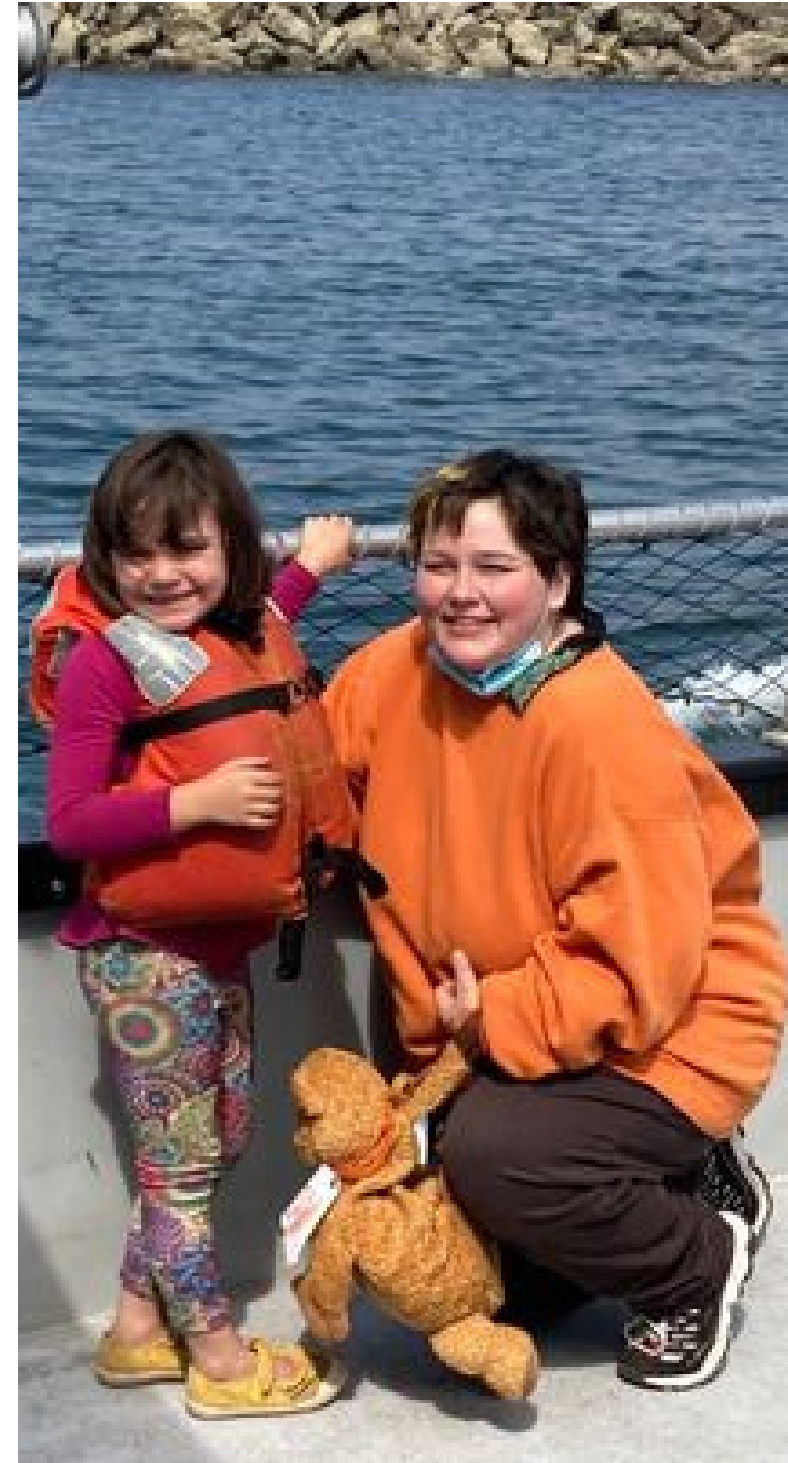
# ETCETERA



- American Youth Character Awards
- Graduation Sensation
- Summer Activities Programming
- National Mentoring Summit
- YM2K Suicide Prevention Town Hall
- Linkville Fundraiser Show
- Citizens Santa
- CFSS Community Tile Project
- LGBTQIA+ Focus Group w/ Portland State
- Hosting Systems of Care Subcommittee
- QPR: Question, Persuade, Refer
- Youth SAVE
- ACES NEAR, Healing Trauma
- IYS Learning Collaborative
- Mentee Clothing Closet

**COMING SOON  
IN 2023!**

Citizens Alumni Group!  
Serving all youth who've  
been involved in CFSS  
Programs.



Oregon Coast Trip 2022



Summer Activities 2022

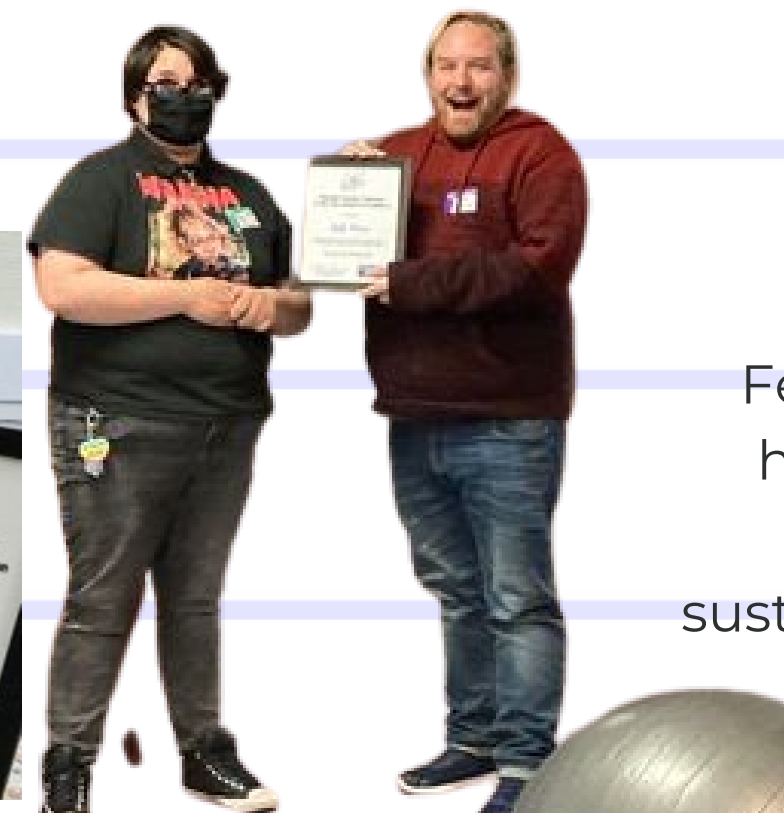
# 2022 ORG HIGHLIGHTS

- 27 total youth graduates or earned GED in 2022
- 201 youth served in 2022- the highest number in ORG history within a single year
- 6 Mentors & 1 youth awarded by United Way in 2022
- \$400k total in grant dollars to youth services in Klamath County
- CIC open for 1 year, peer mentoring circles established, YRP Middle School Expansion established
- Partnership with Comfort Cases & Daymaker established as resources for youth needs
- Statewide representation for Klamath & CFSS increasing awareness and support for youth service initiatives, priorities and values

**COMING SOON IN 2023!**

1st In-person Banquet & Fundraiser since COVID!

Fee for Service & Peer Support to help increase service availability, hire more staff, and achieve sustainability in funding (hopefully, maybe, TBD.).



# DIRECTORS REFLECTION



## 2023 Goals:

- Diversify Funding Streams
- Strategic Planning
- Update outdated bylaws, policies, procedures etc.
- Work more closely with school partners
- Focus on sustainability of our Current Programs
- Use the CIC space more & update kitchens and bathrooms!

## Funding Partners:

- Received 400k in grant funding in the 2022 fiscal year
- Grant Funders and contracts included: ODE Youth Development Division, Oregon Health Authority, Cascade Health Alliance, Klamath County, Klamath County Public Health, OJJDP, Oregon Association of Education Services Districts, Collins Foundation, Ford Family Foundation, Oregon Community Foundation, Klamath Basin Behavioral Health, Oregon Out of School time Initiative , United Way of the Klamath Basin, & Klamath County Cultural Coalition

## CFSS Activities & Accomplishments:

- Served more youth than ever before with mentoring services in 2022. 201 individual youth served!
- Hired additional staff to support more programs and youth.
- Operating 5 unique youth serving programs (not including special projects) in 2022
- Expanded our Citizens Institute for Character space, hosted numerous special activities and events and circles in the space. Helped cultivate safe space & belonging for youth.
- Expanded our summer offering with our summer enrichment funds, went on 2-3 culturally enriching field trips a week with our mentees!
- Continued to cultivate community partnerships, referral partnerships, committee and coalition involvement, systems level work, etc.

## In 2022, CFSS was an integral part of:

- Healthy Klamath
- Klamath Promise
- You Matter to Klamath
- System of Care
- And numerous other community groups and coalitions!

**ROBYN**

# STAFF REFLECTIONS



**AMBER**

“ Thank You for your continued support to CFSS in the heartwork we do to make our community a better place for all to live and work.

## ACHIEVEMENTS & ACCOMPLISHMENTS:

- Capitol Hill Mentor Advocate
- Restorative Justice Facilitator
- One Circle Foundation Circle Facilitator
- Building Resilient Communities ACES Trainer
- Full year of Data Entry for Juvenile Crime Prevention DOJJ
- Secured \$8,000 donation of Comfort Cases for mentees struggling with housing insecurity.
- Built meaningful relationships with youth, families, and schools.

## WHAT I AM LOOKING FORWARD TO IN 2023:

- Working with additional population groups such as Juvenile Justice and Foster Youth through Peer Mentoring Circles
- Working within schools and organizations bringing our services to young people in need of support and care
- Expanding our network of volunteers and participating in opportunities with our community partners
- Continuing to advocate for families and youth social services

## WAYS I CAN BE SUPPORTED BY THE BOARD:

- Continued donations for hygiene supplies
- Participating & encouraging others to participate in our food drive
- Lending networking and resource opportunities to provide mentees and mentors with i.e. free passes, swag, or other incentives & opportunities
- Send me Mentors? Please?

# STAFF REFLECTIONS



## ACHIEVEMENTS & ACCOMPLISHMENTS:

- Contributed to Klamath Promise Strat Planning
- Supported 8 YRP youth all the way to Graduation!
- One Circle Foundation Circle Facilitator
- Restorative Justice Facilitator
- Launched YRP Middle School Expansion
- Helping to incorporate YPQ Organization-wide for all programs
- Brought Fat Bear Week to the team!

## WHAT I AM LOOKING FORWARD TO IN 2023:

- Continuing YRP Programming & incorporating Peer Mentoring into High School YRP population after discovering the immensely valuable impacts within other circles

## BARRIERS TO OVERCOME IN 2023:

- NEED YDO (YDD) funding for next biennium for YRP sustainability
- Would like to help management in seeking more sustainable funding sources
- NEED a second FTE Staff for HS YRP

## GOALS FOR 2023:

- Having more FUN TIME with my YRP kids.
- Finding the balance between serious conversations and having fun.
- Bonding with my Mentees!

**VESTA**

**“I'd love the opportunity to get to know the board and spend more time collaborating in the new year!”**



# STAFF REFLECTIONS



## SAGE

**“Being here has helped expand my horizons- I am grateful to work with the mentees, mentors, and staff alike. We all make the difference!”**

### ACHIEVEMENTS & ACCOMPLISHMENTS:

- Worked with OHA to create an outline to distribute a \$1 million dollar COVID-19 relief fund for schools, to schools all over Oregon. I was one of 15 selected from 300 youth from all over Oregon to work on the Youth Advisory Council for this relief fund.
- I teamed up with CHA to assemble and facilitate a subcommittee for Systems of Care!
- Through working with Citizens for officially one year, I: created curriculum, planned events, supervised events, increased confidence in being a team player, grew personally, and became an essential peer support for the youth I serve.
- Super Star of the staff Holiday Party

### WHAT I AM LOOKING FORWARD TO IN 2023:

- Growing our Systems of Care committee and helping the youth and families of Klamath County to amplify their experience and voice, and overcome limitations and barriers to their mental and physical health care.

### GOALS FOR 2023:

- Work/life balance
- Learn more about and increase best practices for Youth Program Quality (YPQ)
- Increase recruitment in our PRIDE Circle and build strong, lasting bonds through mentorship!

# STAFF REFLECTIONS



**MAGGIE**

**“I'm looking forward to achieving sustainability through intentional action and meaningful engagement in the new year!”**

## Achievements & Accomplishments:

- YLA Coordination and curriculum development
- OHA & CHA grant
- Youth SAVE Facilitation & Curriculum Development
- Staff Professional Development
- Youth Adult Partnership
- WINDS Agenda
- White Supremacy Characteristics
- Strategic planning process development and support materials
- Restorative Justice Circle facilitation
- Relationship Building w/ Cascade Health Alliance, American Cancer Society Cancer Action Network, Klamath Falls BMX, Klamath Tribal Health & Family Services, Klamath Basin Behavioral Health- SUD, Oregon Pediatric Society, Oregon Tech- Population Health, La Pine Community Health Center
- Alcohol Drug Policy Commission Prevention Symposium
- Website
- Klamath PRIDE- De escalation Team and support
- Mentor Buzz- Consider This... Mindfulness practice
- Professional Development- Participation in webinars, trainings, etc.
- Community Presentations
- Advocacy activities
- SUD policy research and review

## Coalitions & Groups in 2022:

- You Matter to Klamath
- Klamath Promise
- Healthy Klamath
- Tobacco Policy Committee
- Youth Tobacco Prevention Committee
- Oregon Partners for Tobacco Prevention
- TPEP- Oregon Tobacco Prevention and Evaluation Program
- Youth SAVE Learning Collaborative
- Youth SAVE ECHO
- Klamath County Local Alcohol and Drug Planning Committee
- Opioid Task Force

## Community Meetings Attended in 2022:

- Klamath County Board of Commissioners
- Klamath Falls City Council
- Klamath County School Board
- Klamath Falls City School Board

**THANK YOU**

**FROM**

**CITIZENS FOR**

**SAFE SCHOOLS**

# THANK YOU TO OUR SPONSORS

